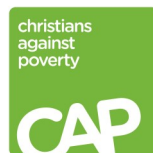


**CAP Sunday 14th January 2018
– Release group launch**



Our CAP centre in Barnstaple is launching an additional service in North Devon, called a release group. It is an 8 week course including community sessions and one to one coaching, in order to gain freedom from life controlling dependencies. These addictions can include shopping, gambling, pornography, alcohol, smoking etc. Everything is confidential.

If you would like to know more please speak to Jane Bishopp or email janebishopp@capreleasegroups.org

'Living for Jesus in our Community'



7th January 2018

**Communion Service
10.30am**

We give you a warm welcome to Holy Trinity.
Today our reading is Romans 12:1-8 'Living for Jesus in our Community'

It's great to have your children and young people with us today:
Little Sparks (0 - 2 yrs) in the room next to coffee area, after the worship
Little Lights and Lighthouse Keepers (3 - 11 yr olds)
In the hall from 10.45am. Make sure you have registered your children.
Youth 11am - Youth Room

Weekly Diary

Mon 8th	Monday Morning Toddlers 9.30am Church Gorwell Coffee morning 10am Chichester Court Common Room Leaders 7.30pm Paterson's
Tues 9th	Coffee Morning 10am NO Trinity Lunch Boys Group 7pm Youth Room
Wed 10th	Life to the Full 10am Church
Thurs 11th	Art Group 1pm - 4pm Hall Welcome Team Meeting 7pm Church
Fri 12th	Men's Bible Study 7am Church
Sat 13th	Women's Breakfast 9am at The Watergate Interface drop-in 11 am - 1 pm Hall
Sun 14th	Prayer 9:30 - 10am Creche Room CAP Sunday 10.30am CAP Prayer Meeting 7pm Youth Room



@HTBarnstaple



Trinity Church Barnstaple

Church Office

Julie Griffin and Marilyn Sanders
E. office@trinitybarnstaple.org.uk
T. 01271 374240
Tues, Wed, Thurs and Fri 9am to 1pm

www.trinitybarnstaple.org.uk

MIDWEEK GROUPS AT TRINITY

NEW BIBLE STUDY - BREAKING FREE FROM FEAR

Freedom From Fear

Life is filled with all sorts of fears that can assault your mind, trouble your soul, and bring untold stress. But you don't have to remain captive to your fears. Learn how to confront your circumstances with strength and courage as you live in the fear of the Lord - the fear that conquers every other fear and sets you free to live in faith.

A brand new bible study will be starting on Wednesday evenings from 17th January at 7.30pm in the church. This course will be 6 week course and there will be a book to follow with no homework. **Wednesday 17th January will be a taster session** when we will work through week one of the course. Everyone is welcome to the taster session and we will be taking names of those who would like to continue with the study on the night. Books cost £5

Connect

Meets fortnightly on a Weds evening at 7.30pm to study and pray. Led by John and Shirley Paterson

Precepts Bible Study

Bible Studies running on alternate Friday mornings at 9.30am in the church. The studies involve approximately 2.5 hours of study time per week. Friday mornings involve an hour of discussion and an hour of watching a DVD on the chosen study. Marilyn Sanders

Faith on Fridays (Ladies)

Bible study group welcoming young children and babies. Meets weekly in term time 9.30am. Amanda Rhind

Explore small group

Bible study group meets on alternate Weds evenings in the Pilton area. Mark and Marie Shortt

Life to the Full

A course running for those new to the Christian faith or those who would like a refresher course. Every Wednesday, 10am in the Church

Men's Friday morning Bible group

Early morning Bible study for 7 – 8 am every Friday morning
Jerry Kent

Gorwell coffee morning

Outreach on Gorwell estate, meeting at Chichester Court Common Room
Mondays 10am. Jane Bishopp, Shirley Paterson

Welcoming Group and Car Park Team Meeting

There will be a meeting on Thursday 11th January from 7pm - 8.30pm for all those involved in Welcome or Car Park Teams and for anyone interested in joining either of these important ministries. Refreshments will be provided. We want the opportunity to say thank you to all members of our group, also ask for feedback, tips and ideas, as well as thoughts to improve our welcome.

Safeguarding Training at Trinity

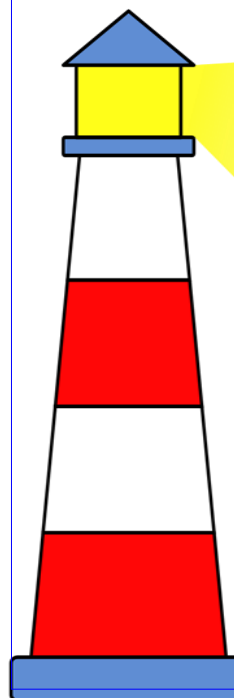
For those who have recently received a DBS with Trinity or for anyone working with children or teenagers who would like an update.

On Tuesday 16th January 7.30 pm at church. This evening will be led by Rachel Keenan and will include a look at our safeguarding policies and procedures.

Oasis is back!!

Oasis will be returning every Sunday evening (apart from the 2nd Sunday) as from 21st January. Worship and teaching DVD from New Wine

Alpha at St. John the Baptist, Newport - starting 23rd January at 7.30pm. Please contact Andy Dodwell for more details.



Lighthouse 2018

To launch the new year we'd love to invite any of you from our families or the team to our house THIS SUNDAY (7th) for cream tea from 4-5.30pm. This will be a time for us to chat and pray and share any ideas. The children are all VERY welcome too! This includes grandparents who bring their children - as you are a VERY important part of our church.

Contact Sharon for more information